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Fresh Express Romaine Lettuce Recalled for Possible E. coli Contamination

Fresh Express is recalling specific selections of packaged Romaine lettuce products due to potential contamination with E. coli O157:H7. Recalled products have expired use-by dates between July 8 - 12 and an "S" in the product code.

The Alaska Department of Environmental Conservation has confirmed that some of the recalled Romaine lettuce products have been distributed in Alaska. Although these products have exceeded their expiration dates, consumers are urged to check their refrigerators and discard any suspect products.

No illnesses related to these products have been reported.

E. coli O157:H7 is a bacterium that can cause serious food borne illness. Symptoms of infection may include severe and often bloody diarrhea, abdominal pain and vomiting. Often little or no fever is present. Most healthy adults recover within a week. Young children and the elderly are at higher risk for developing Hemolytic Uremic Syndrome as a result of the infection. It can lead to serious kidney damage and death.

Consumers who experience these symptoms should consult a doctor. Retailers and consumers who have questions about the recall may call Fresh Express at (800) 242-5472.

For more recall details, please visit www.fda.gov/Safety/Recalls/ucm219057.htm

For more information on recalls affecting Alaskans, visit DEC's website: http://www.dec.state.ak.us/eh/fss/recalls/recallsalerts.htm

DEC is now on Twitter. Follow updates at http://twitter.com/AKDEC.